

**We are committed to
helping you return to as
active and productive a life
as possible**

- Our Mission is to provide the highest quality of health care to veterans
- Our rehabilitation program is located within the James J Peters Bronx VA Medical Center's Community Living Center
- **Admission Criteria**
 - Must be motivated to undergo an inpatient rehabilitation program that provides 2-3 hours of therapy per day
 - Be medically stable
 - Must be alert, able to follow instructions and learn new skills consistently
 - Should have rehabilitation goals that can be accomplished within a 1-4 week time frame.
- We provide a safe environment for our veterans with rehabilitation care and acute medical services all under one roof
- Our combination of rehabilitation and medical care ensures the veteran has his or her needs met through continuous and comprehensive state of the art care



For more information check out
our website

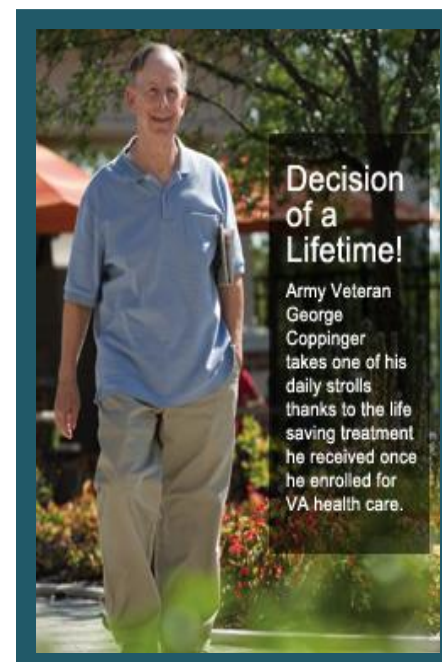
http://www.bronx.va.gov/services/Rehabilitation_Medicine.asp

**We are dedicated to
helping Veterans
attain the highest
quality of life as
possible**

James J. Peters VAMC

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Physical Medicine and Rehabilitation
Bronx, NY 10468
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live life to the fullest

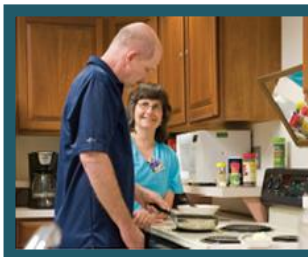
Comprehensive Integrated Inpatient Rehabilitation Program

James J. Peters VA Medical Center
Physical Medicine & Rehabilitation
Department

We understand the diverse needs of our veterans and offer individualized services to help Veterans return to their highest levels of independence

Outcomes for the year 2015

- In 2015, the average age of persons served was 61 years old. We treated a total of 28 persons. Our most commonly treated diagnosis was persons with orthopedic injuries, such as hip or knee replacements (23), followed by persons with amputation (4), and persons with stroke (1).
- Persons on our CIIRP unit receive an average of 3 hours of treatment per day, 6 days per week.
- In 2015, 100% of our persons served were discharged home, to their community, rather than to nursing homes or other rehabilitation facilities. There were zero unplanned transfers to acute medical facilities.
- Persons served feel their rehabilitation expectations are met in CIIRP. When asked, "Do you feel that your progress made in rehabilitation met your expectations", we achieved a score of 3.45, out of 4.0, which exceeds benchmarks. Scoring is ranked on a scale ranging from 1-4: (1) strongly disagree, (2) disagree, (3) agree, and (4) strongly agree.
- Our average discharge FIM score for 2015 was 117 which exceeds both regional and national averages, which were 106 and 93, respectively. FIM measures a person's level of disability and measures how much assistance is required for the individual to carry out activities of daily living (such as dressing and walking). Total FIM scores range from 18 (total dependence) to 126 (total independence).
- We strive for sustainability, to make sure our results last long after one leaves CIIRP. We continue to collect data even after persons are discharged. At 3 months post discharge, our persons served satisfaction with their experience in CIIRP was 3.64, out of 4.0, which exceeds benchmarks. This is ranked on a scale ranging from 1-4: (1) very dissatisfied, (2) dissatisfied, (3) satisfied, and (4) very satisfied.



The Rehabilitation Team Who are we?

- The James J Peters Bronx VA comprehensive integrated inpatient rehabilitation program is a leader in physical medicine and rehabilitation care
- We partner with the Mt Sinai School of Medicine and Hospital for Special Surgery enables to offer expert, specialized care in a state-of-the-art facility
- We are a team of many specialties that work with veterans and their family/caregiver to design holistic and comprehensive care plans for a successful return back to the community

What do we do?

- Use a team approach to design personalized care plans to improve quality of life
- Provide Veteran and family/caregiver education and training
- Integrate several different disciplines, including:
 - Physical therapy
 - Occupational therapy
 - Speech therapy
 - Nursing
 - Social work
 - Specialty services
- Treat variety of impairments, including:
 - Orthopedics conditions
 - Hip/knee replacement
 - Stroke
 - Amputation
- We help Veterans achieve independence by providing education and support to:
 - Perform daily living activities (e.g., dressing, bathing, eating, and cooking)
 - Develop skills needed to walk and transfer, such as balance and endurance
 - Cope with psychosocial issues after illness or injury
 - Improve communication skills (expression, comprehension and written)
 - Improve cognitive skills (memory, money management, and safety skills)

Each Veteran's program is custom tailored to meet individualized needs

We offer a variety of specialty services throughout the continuum of care:

- Pain management to improve quality of life
- Veteran and family/caregiver education & support to facilitate a successful recovery
- State-of-the-art prosthetic fabrication to provide the most appropriate prosthesis
- Vocational counseling to facilitate return to work/life roles
- Assistive devices and technology to enhance independence
- Wheelchair and seating clinics
- Driver rehabilitation program
- Resources to facilitate community integration
- Individualized psychological counseling to address emotional, illness adjustment and coping needs
- Nutrition counseling to promote healing
- Home needs assessment for a safe return home
- Pet therapy
- VISN 3 Amputee Support Group Program
- Chaplain services
- High level functional fitness classes
- Aquatic Therapy